



Bow Pillow

Plus: lil bows

Fabric needed:

½ yard of main fabric

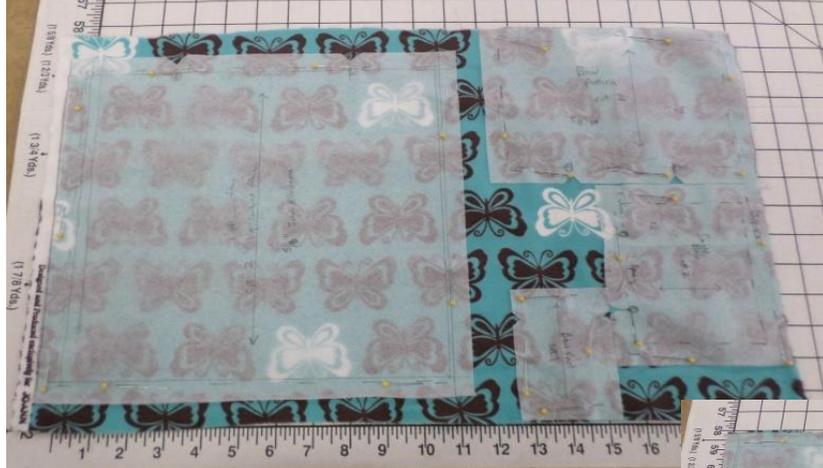
½ yard of contrast fabric

¼ yard of white contrast fabric

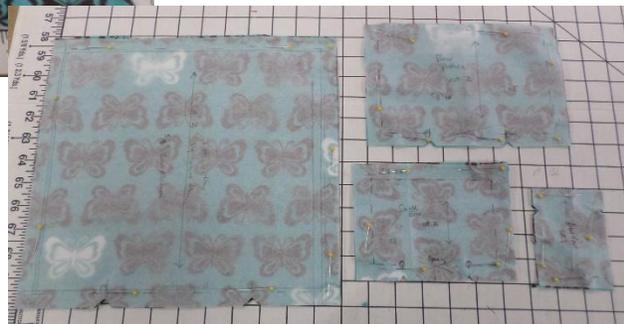
Check off this box
when you finish
each step.



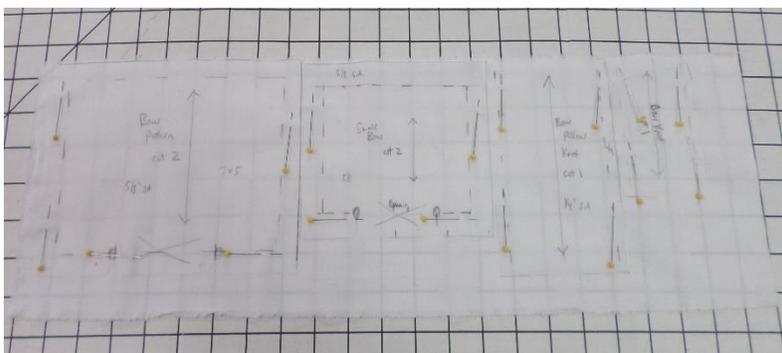
1. Tape the 4 pattern pages together at the connection dots.



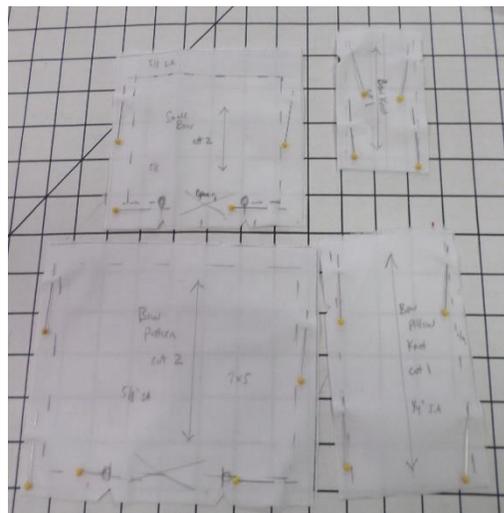
2. Cut out the main fabric.
You have 4 patterns for the main fabric.
1 of Bow Pillow, 1 of bow
and 1 of little bow and 1 bow knot.



3. Now cut out the contrast fabric.
You should have 3 pattern pieces for the
contrast. 1 of bow pillow, 1 bow and 1 bow knot.



4. Cut out the white contrast fabric,
1 of bow, 1 of lil bow, 1 of bow pillow knot
and 1 of bow knot.



5.

Once your patterns are cut out,
Cut all your **notches** by snipping little V marks
where notch mark is indicated.
Notches help you match up your fabric pieces
up once your pattern is taken off.





6. Place fabrics pretty sides together, matching up the notches.



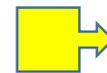
7. Mark a 5/8 inch seam allowance all around, indicate where you will pivot at corners. Mark the area between notches where you will keep an opening so you can turn it pretty sides out.



Then pin to sew around all the sides.



8. Stitch as marked, leaving open between notches. Be sure to backstitch when you start and stop.



9. Clip the corners around all 4 corners. This helps it not be bulky in corners when turned pretty sides out.

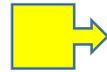


10. Turn pretty sides out. Use a point turner to get the corners pushed out so you have a nice square shape.





11. Lightly Stuff the pillow.



12. Then handstitched the opening closed.



14. See the next page for directions on how to make the bow knots



15. Place the bow knot around the center over the rubber band and pin it in the back.



16. On the back side overlap the bow knot and hand stitch in place. Then you're done!



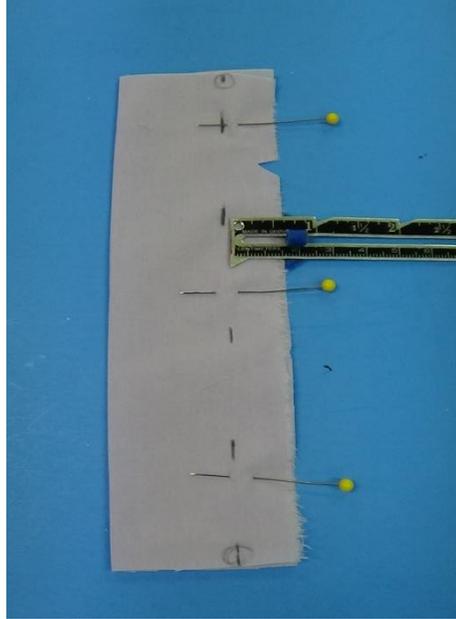
13. Place a rubber band in center of lightly stuffed bow to help keep it cinched in to set the bow knot around.



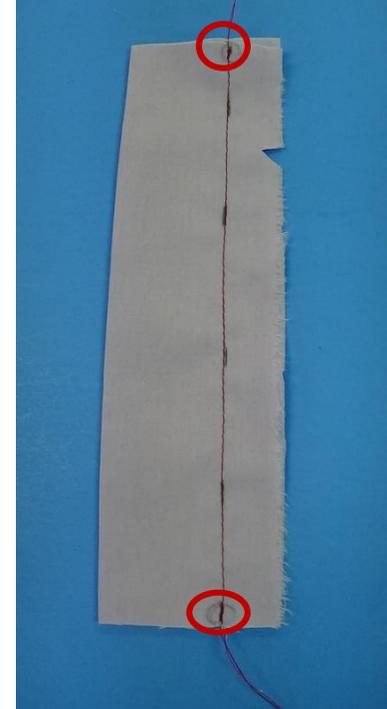
The Knots



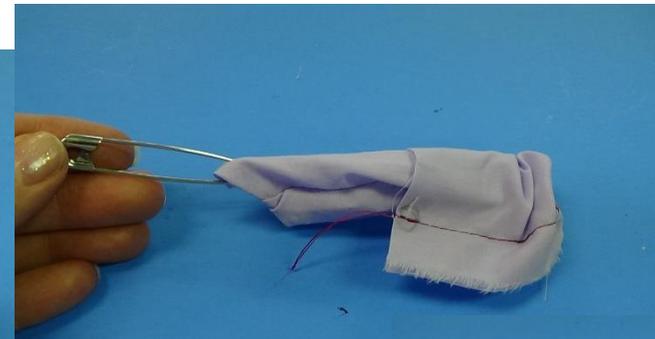
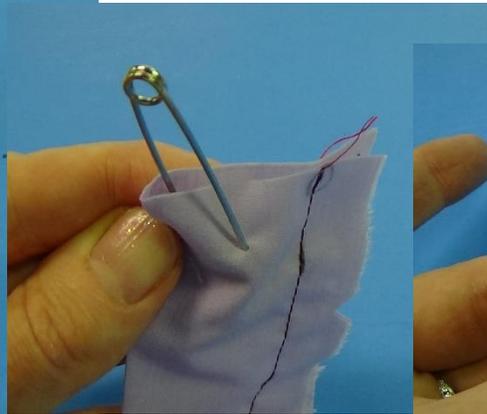
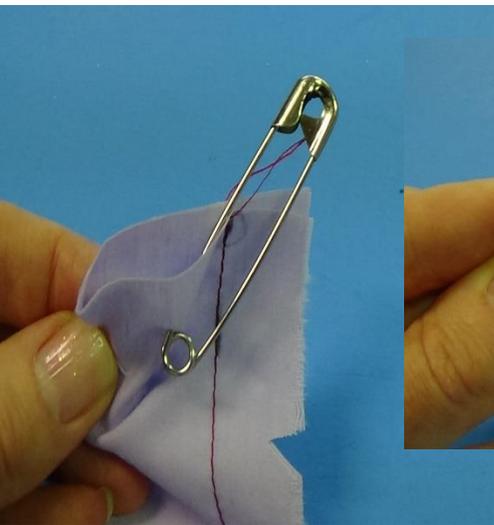
A. Fold over the knot, pretty sides together and matching the notches.



B. Mark the seam allowance (check the pattern for what measurement to use).



C. Stitch one seam down, be sure to reverse stitch at beginning and end of the seam.



D. To turn it right side out. Put a safety pin at the end of the knot, (only thru one layer) from outside to inside as illustrated.

E. Roll pin inside the tube. Push thru tube, rolling fabric over till end of pin comes out. Its like a push and roll, push and roll till it comes all the way out.

F. now you have a tube, press flat and use on bows as directed.

Bow's



The little bows are made the same way as the bow pillow, except for the stuffing.

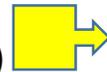
1. Place fabrics pretty sides together and mark and stitch the bow the same way as the bow pillow.



2. Turn the bow pretty sides out, use the point turner to push out the corner edges so you have a complete square.



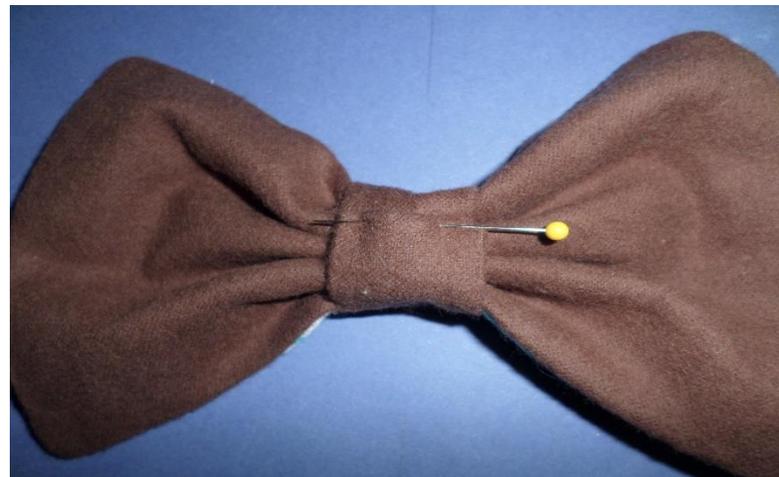
3. Make a light mark with your chalk in the center of the bow, (fold in half to find the half)



4. Do a running hand stitch along side the half mark as illustrated. Up one side, cross over and down other side.



5. Pull both threads at same time so it gathers up. Tie a knot to hold it in place.



6. Wrap the bow knot around the center and overlap on the back side and pin closed



7. Hand stitch the knot together.

